

Knitting in the park

SPORT WEIGHT
COWL IN COTTON

JANUARY 2019



Clara Cowl

A SWEET AND SOFT COWL THAT IS
RICH IN COLOR AND A DREAM TO
WEAR

You'll Need

TOOLS

Yarn:

Knit Picks Comfy Sport

Yarn Weight: Sport

720 and 816yards.

Needles:

US Size 4/3.5mm Circular Needle (16 inches)

Main Color (MC): Whisker

Color B (CB): White

Color C (CC): Flamingo

Color D (CD): Peony

Darning Needle for finishing

Stitch marker

SKILLS NEEDED

Knit

Knitting in the Round

Carrying Yarn up through a project

Kitchener stitch

Provisional Cast On

Pattern Notes

Sizing: This pattern is designed so that you can determine the best size for your cowl. The cowl is worked in multiples of 8 so that you can easily add or subtract stitches from the cast on.

Skills explained:

Provisional Cast on:

Using a crochet hook, crochet around your needle to create temporary stitches in scrap/spare yarn.

Step 2: Form a slip knot with your yarn, place crochet hook behind knitting needle, hold yarn in front of the needle.

Step 3: From behind, use the hook to grab your yarn and pull it through the slip knit creating your first stitch. Repeat the process for as many stitches needed.

Pattern Notes

Kitchener Stitch:

A method of joining two sets of live stitches together, so that they blend in and look like a knit row.

When combined with the provisional cast on, this is perfect for infinity scarves and Cows.

Step 1: Remove the spare yarn from the cast on edge, adding the stitches to a second needle.

Step 2: Match this up with your working needle being careful there are no twists.

Step 3: Thread the yarn onto a darning needle. Take the needle purl wise through first stitch on the front needle, leaving it on the needle.

Step 4: Take the yarn knit wise through first stitch on the second needle, also leaving that stitch on the needle. These are your set up stitches.

Step 5: Then yarn knit wise through first stitch on front needle. Take this stitch off of the needle.

Step 6: Take the yarn purl wise through the next stitch on the front needle. Keep it on the needle.

Step 7: Now take the yarn purl wise through the first stitch on the back needle, and take it off of the needle.

Step 8: Take the yarn knit wise through the next stitch on the back needle, leave it on the needle.

Repeat steps 5-8 for all remaining stitches.

Begin Pattern

Starting with MC and using either your preferred cast on method or the provisional cast on:

CO: 104 STS - Adult
Kids: 80 STS

Rounds 1-3: Knit all stitches.

Round 4: *K7 MC, K1 CB* Repeat to end of round.

Round 5: K1CB, *K5 MC, K3 CB* Repeat until last 7 STS, K5 MC, K2 CB

Round 6: K2 CB, *K3 MC, K5 CB* Repeat until last 6 STS, K3 MC, K3 CB

Round 7: K3 CB, *K1 MC, K7 CB* Repeat until last 5 STS, K1 MC, K4 CB

Rounds 8-10 Knit all Stitches in CB

Switch to CC

Round 11: *K7 CB, K1 CC* Repeat to end of round.

Round 12: K1CC, *K5 CB, K3 CC* Repeat until last 7 STS, K5 CB, K2 CC

Round 13: K2 CC, *K3 CB, K5 CC* Repeat until last 6 STS, K3 CB, K3 CC

Round 14: K3 CC, *K1 CB, K7 CC* Repeat until last 4 STS, K1 CB, K4 CC

Rounds 15-17: Knit all Stitches in CC

Switch to CD:

Round 18: *K7 CC, K1 CD* Repeat to end of round.

Round 19: K1CD, *K5 CC, K3 CD* Repeat until last 7 STS, K5 CC, K2 CD

Round 20: K2 CD, *K3 CC, K5 CD* Repeat until last 6 STS, K3 CC, K3 CD

Round 21: K3 CD, *K1 CC, K7 CD* Repeat until last 5 STS, K1 CC, K4 CD

Rounds 22-24 : Knit all Stitches in CD

Switch to CD:

Round 18: *K7 CC, K1 CD* Repeat to end of round.

Round 19: K1CD, *K5 CC, K3 CD* Repeat until last 7 STS, K5 CC, K2 CD

Round 20: K2 CD, *K3 CC, K5 CD* Repeat until last 6 STS, K3 CC, K3 CD

Round 21: K3 CD, *K1 CC, K7 CD* Repeat until last 5 STS, K1 CC, K4 CD

Rounds 22-24 : Knit all Stitches in CD

Now that we have one stripe of each of the four colors, you'll repeat these rounds until your scarf is long enough.

To switch back to the MC, Replace this color with CB, and the CD Color with the MC in the pattern like this:

Round 18: *K7 CD, K1 MC* Repeat to end of round.

Round 19: K1MC, *K5 CD, K3 MC* Repeat until last 7 STS, K5 CD, K2 MC

Round 20: K2 MC, *K3 CD, K5 MC* Repeat until last 6 STS, K3 CD, K3 MC

Round 21: K3 MC, *K1 CD, K7 MC* Repeat until last 5 STS, K1 CD, K4 MC

Rounds 22-24 : Knit all Stitches in CD

Continue working until your project is the desired length. Using Kitchener Stitch, join the two ends and weave in your yarn tail.